



Discharge to Home Checklist

Golden Willow Senior Solutions – Safe, Supported Transitions Home

- Review discharge instructions with nurse or provider___
- Understand medications (what, when, how, side effects)___
- Schedule appointment with Primary Care Provider (PCP)___
- Arrange for pick up/ delivery of prescriptions- clean out medications no longer needed___
- Arrange transportation home- ask the social worker if accessible transport is needed___
- Ensure home is clean and safe (remove tripping hazards)___
 - Set up a comfortable resting/sleeping area___
 - Stock food, water, and basic supplies___
 - Arrange help from family, friend, or caregiver___
- Confirm medical equipment is delivered and working___
 - Schedule specialist follow-up appointments___
 - Keep emergency contacts easily accessible___
- Monitor symptoms and know when to call for help___
- Keep discharge paperwork in one place- take it to PCP appointment___
 - Plan daily routine (meals, hygiene, rest)___